

What GAMES
can you play
and turn the
rules upside
down?

Google
"Cooperative
Games" and
try out a new
one!



MUSICAL CHAIRS

Set up: Chairs, backs together in the middle, one less than the number of people playing. Find some music that you can start and stop easily!

Start the music, everyone walks around the circle of chairs and when the music stops, everyone sits on a chair. Normally, the person who is left without a chair is eliminated from the game. BUT, in this upside down world, as a person is left without a chair - reward them with a prize! or, if it is safe, tell the group that one body part must be touching the chair "to be on it" and see how many people can gather around the last chair without leaving anyone behind! Remove a chair, and start again!

RED LIGHT, GREEN LIGHT

One person is the game leader and calls out the lights, with their back to the players. Red light everyone should stop. Yellow light everyone should slow down. Green light everyone should go at the speed they feel comfortable. Two ways to win for this upside down version:

When "red light" is called, leader turns around and tries to see people moving. If you are caught moving, you get a reward and get to keep playing.

If the winner is to be the first person to reach the leader, in this version - person farthest way wins!