

...and Miriam led the dancing...

...the Israelites had walked safely through on dry ground. Miriam the sister of Aaron (and Moses!) was a prophet. So she took her tambourine and led the other women out to play their tambourines and to dance. Then she sang to them: "Sing praises to God for this great victory!" (from Exodus 11)

Share in the Celebration with Dance and Music!

DANCE PARTY!

We forget sometimes how much dancing can be such a wonderful thing to do to be together and praise God!

Decorate your living room with party decorations to make your dance space fun. Choose the songs that you want to listen to in your playlist. Make sure each person gets to put one of their favourites in your list.

Dance some time away!

If you want to record your family dancing the night away, we would love to see your Dance moves and can post them on our Youtube Channel, send them along to Samantha Jones at sjones@united-church.ca



CREATE YOUR OWN TAMBOURINE!

You will need:

- Two paper plates (or foil pie plates)
- Ribbon or string
- Beans, beads, popcorn kernels, small rocks – anything that will make noise
- Hole Punch



Instructions

- Punch 4 to 8 holes around the rim of both plates.
- Put the plates on top of each other and run the ribbon through half of those holes and tie it.
- Add the beans or beads to the inside of the two plates.
- Finishing tying off the ribbons.
- Decorate and then, you are ready to dance with Miriam!